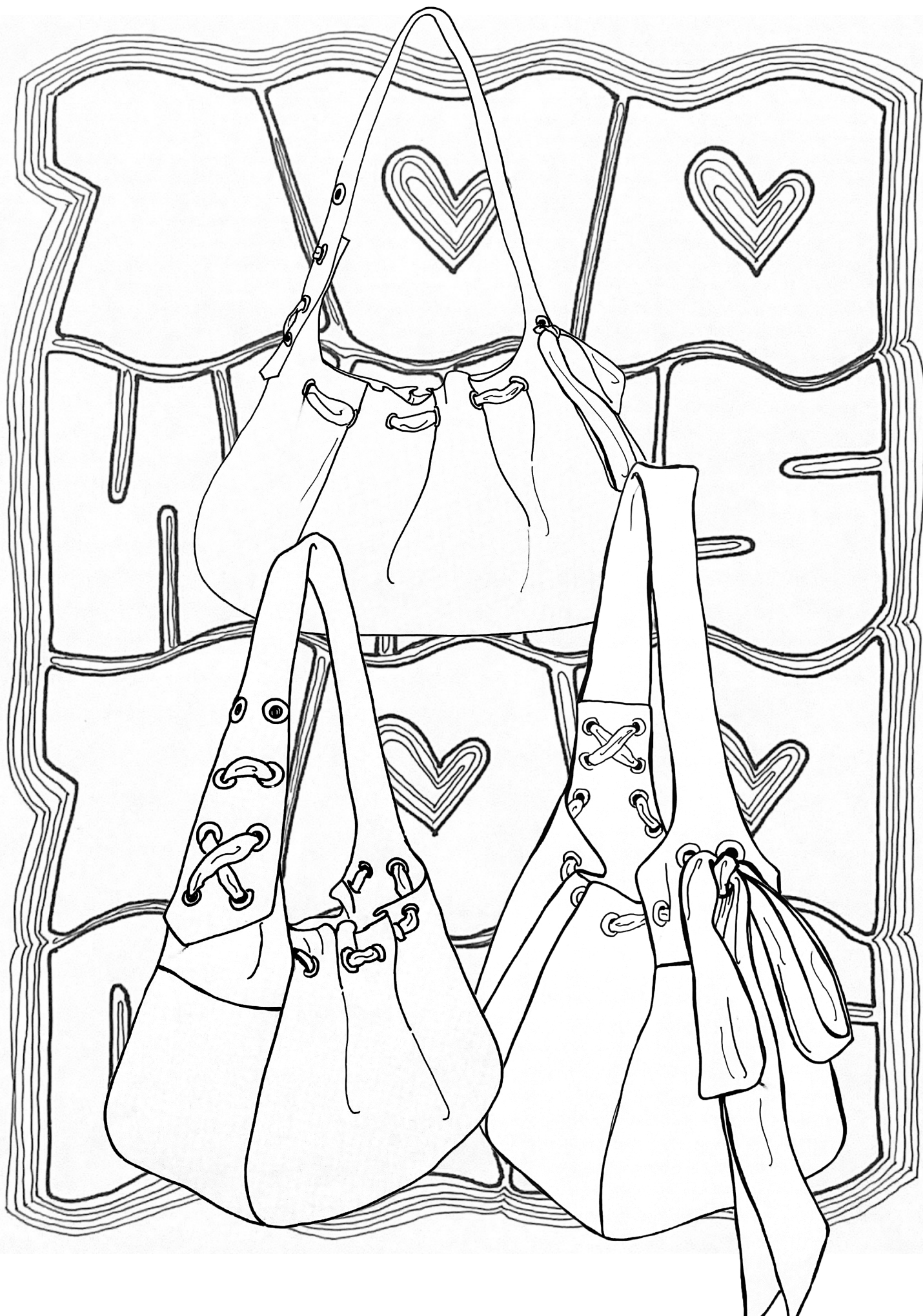
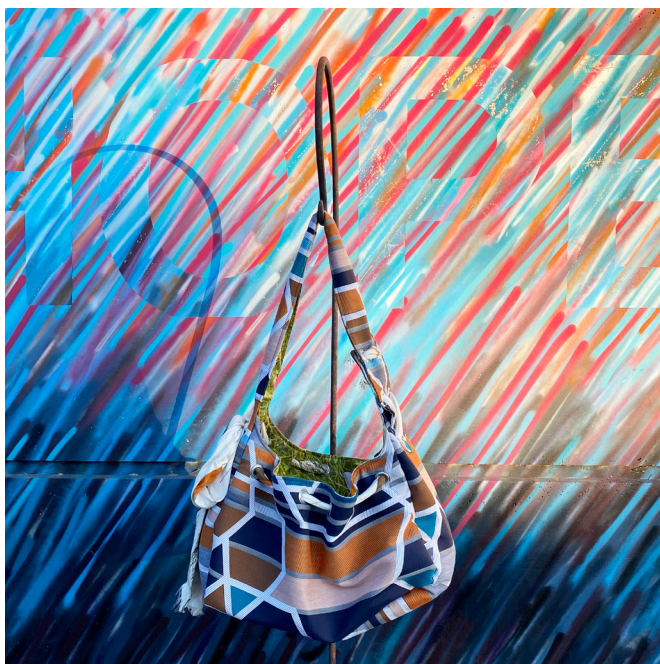


100 Ways 100 Days Sling Bag with Drawstring

www.nancylangdon.com





The “**100 Ways 100 Days**” sling bag is a fashion-forward, everyday handbag for a busy day with the bambinos, a day trip with your book club friends, an on-the-go stash for your knitting, workout, office or beach gear and even a shopping tote for your daily essentials. The sling bag design can be worn over the shoulder or as a comfortable crossbody. Pull the drawstring taut and tuck the strap in the side pocket for secure stowing.

The grommets and lacing of the drawstring add visual interest to even the plainest fabrics. The large side panels offer an opportunity to show off your prettiest fabrics and embellishments. The options for the drawstring offer another fun opportunity to get creative: Go tone-in-tone and let the lacing and grommets do the design talking, stitch up a strip of voluminous silk for a decadent, romantic look, string twisted cotton cord through the grommets for nautical look or grab a length of preppy grosgrain ribbon for classic appeal. Switch out drawstrings to match your mood and your *mode*. **You are the designer!**

This bag is simple to sew and suitable for beginners. The slouchy sling style and drawstring masks uneven alignments or bits of wonky stitching that even the most advanced sewists will encounter in their sewing journeys (of course, those tiny hiccups just give your you-niquely you bag that extra bit of charm!). Among the skills a beginner will learn along the way include attaching a lining and making a fabric covered cord.

Share you own creations on social media with the hashtags #studioTANTRUM and #100Ways100Days.

Bag outer: Choose a sturdy non-stretch woven fabric such as cotton canvas, denim twill, medium to heavy weight upholstery and decorator fabrics, acrylic coated cotton wovens and outdoor polyester wovens and twills. Adhere a thin fusible interfacing for stability and strength to fabrics such as cotton wovens, poplin, linen, and woolen suiting fabrics.

Bag lining: Choose from non-stretch fabrics such as plain cotton wovens, poplin, acetate lining fabrics, acrylic coated cotton wovens, chambray, and lightweight twill.

Drawstring: Choose from cords and ribbons or cloth . Just make sure your choice of drawstring will fit easily through your grommets.

YOU WILL NEED

- 1 1/2 yards (140 cm) of 54" (140 cm) wide main fabric
- 2 yards (140 cm) of 54" (183 cm) a medium weight woven fabric for the lining (includes two internal pockets)
- Approx. 8 feet (250 cm) ribbon, cord or cloth for the drawstring
- Approx. 12" (31 cm) of 21" (54 cm) wide lightweight fusible interfacing
- Approx. 70" (175 cm) 1/4" flat elastic
- 30 x 7/16" (11 mm) grommets
- Sewing thread
- 3" x 3" (7 x 7 cm) square of firm - ultra firm purse stabilizer such as Peltex (optional)

CUTTING LIST

Pocket variations: Sketch out whether you would like one, two or no outer side pockets and one two or no inside pocket panels. I recommend at least one outer side pocket, as this pocket is handy for stuffing the shoulder strap into when stowing the bag.

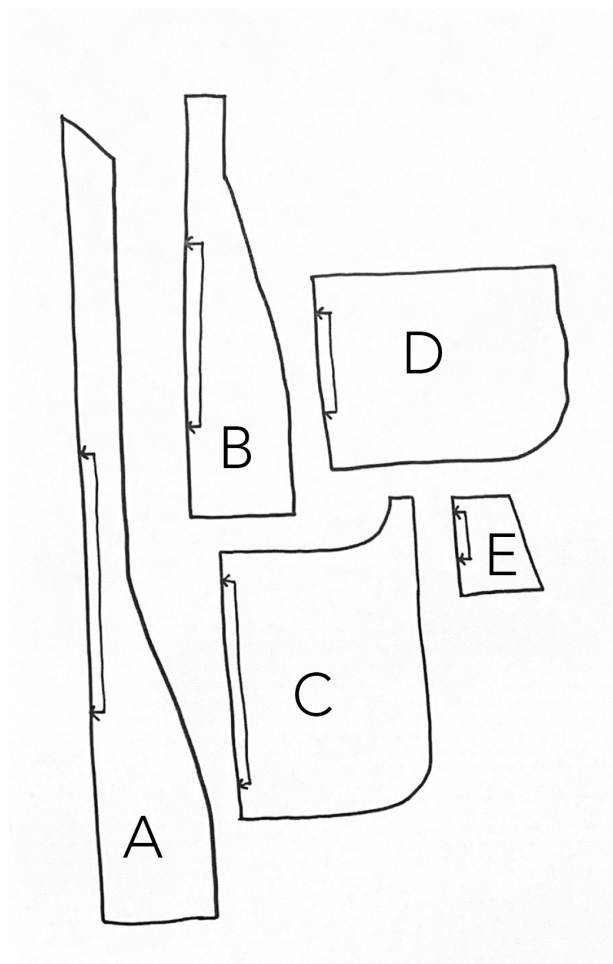
Strap Long Piece A: Cut 1x on fold from outer material. Cut 1x on fold from lining material.

Strap Short Piece B: Cut 1x on fold from outer material. Cut 1x on fold from lining material.

Side Piece C: Cut 2x from outer material. Cut 2x from lining material.

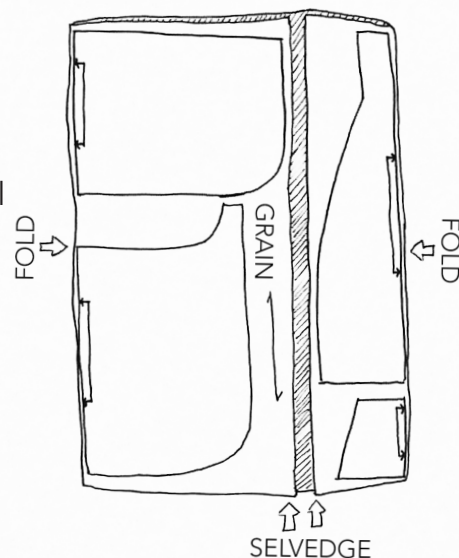
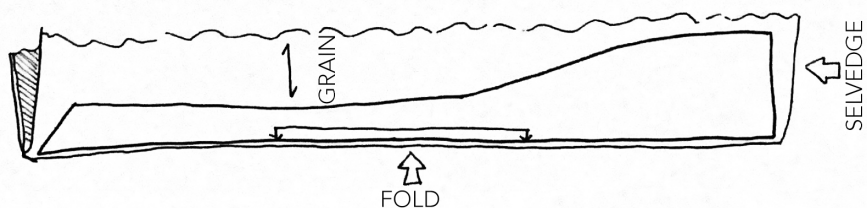
Inside Pocket Piece D (optional): Cut 2x on fold for one inside pocket panel; cut 4x on fold for two inside pocket panels.

Side Pocket Piece E (optional): Cut 1x from outer material, cut 1x from lining material for one side pocket. Cut 2x from outer material, cut 2x from lining material for two side pockets.



TIP: Generally, the warp yarns (the yarns that run vertically down the length of the fabric and determine the fabric's grain) are the stronger yarns. Cutting the pieces parallel to the grain is recommended, so that these yarns carry the weight of the bag.

However, the Long Strap Piece A fits on the width of a 54" (140 cm) fabric. Therefore, to conserve fabric, if your fabric does not have a distinct visible grain (such as a corduroy or a unidirectional print), you may cut the the Long Strap Piece A perpendicular to the grain.



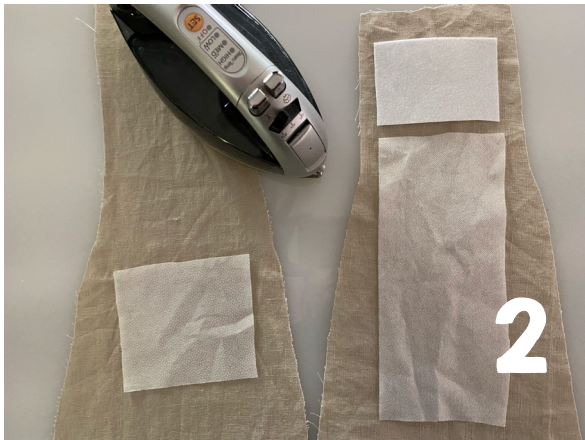


SEWING the “100 Ways 100 Days” Bag

STEP 1: Adhere the pieces of interfacing along the top of both Side Pieces C where marked according to the manufacturer’s instructions and the properties of your fabric. This interfacing is to strengthen the material where your grommets will be set and prevent tearing at the grommets.

STEP 2 (optional): Adding a bit of heavyweight handbag structure interfacing like Peltex will help to maintain the structure at this juncture.

Adhere the pieces of interfacing on the fabric wrong side of the Strap Pieces A+B where marked according to the manufacturer’s instructions and the properties of your fabric.



STEP 3 (optional): Before we start constructing the bag is a good time to add any embellishments like trim, patches, and embroidery to the bag pieces.

STEP 4: Stitch the Strap Pocket E outer piece to the Strap Pocket E lining piece along the top and bottom edges right sides together.

STEP 5: Turn your work right side out and press the encased seams.

STEP 6: Press the encased seams and the pocket piece flat.





STEP 7: Edge stitch the top edge of the Strap Pocket.

STEP 8: Place Strap Pocket on the Strap Long Piece A outer where marked. Stitch the Strap Pocket to the Long Strap Piece along the bottom of the pocket. Baste stitch the Strap Pocket Piece to the Long Strap Piece along the edges.

Repeat for the Side Pocket on the opposite Short Strap outer piece (optional).

STEP 9: Stitch the Long Strap Piece outer to the Short Strap outer piece along the bottom seam. Press the seam open (STEP 10).



Repeat for the Long Strap and Short Strap lining pieces. Set the strap pieces to the side for the time being.

STEP 11: Stitch the Inside Pocket Pieces D along the top edge right sides together. Turn your work and press the encased seam. Edge stitch this encased seam.

STEP 12: Stitch two lines below this edge stitch line to form a casings for your elastic.



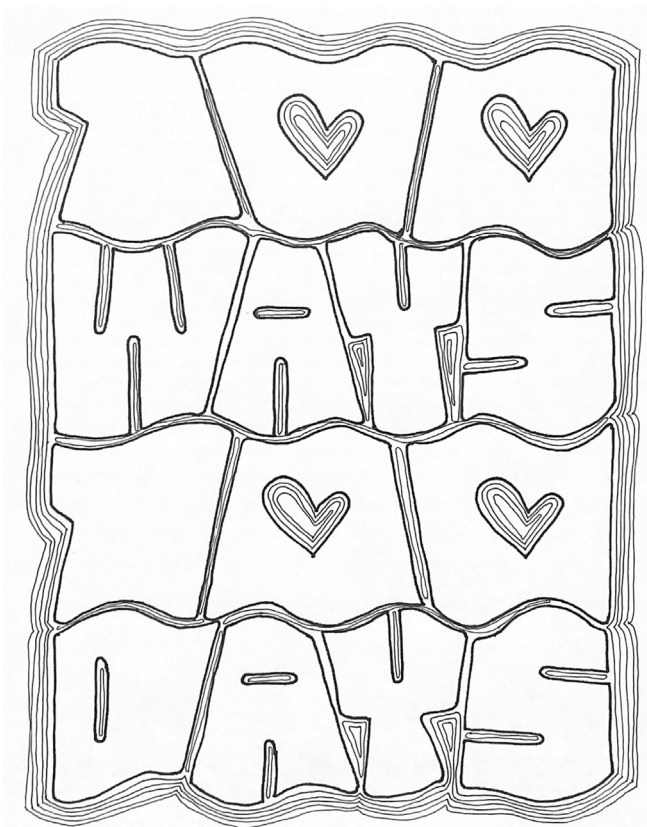
Insert elastic through the casing(s) with the aid of a safety pin or bodkin and secure with a few stitches at one end of the casing(s).

STEP 13: Stitch a line of basting stitches along the bottom edge of the pocket piece.

STEP 14: Lay the inside pocket piece on top of a Side Lining piece. Gather the bottom edge of the Inside Pocket Piece to fit the Side Lining Piece and secure with a few pins or clips as you go.

Pull the elastic taut in the casing, so the upper edge of the pocket is snug against the lining piece and secure with pins or clips.

Stitch the Bag Pocket Piece D to the Side Lining Piece C around the edge with an overedge stitch, such as a wide zigzag stitch or four-thread overlock stitch.





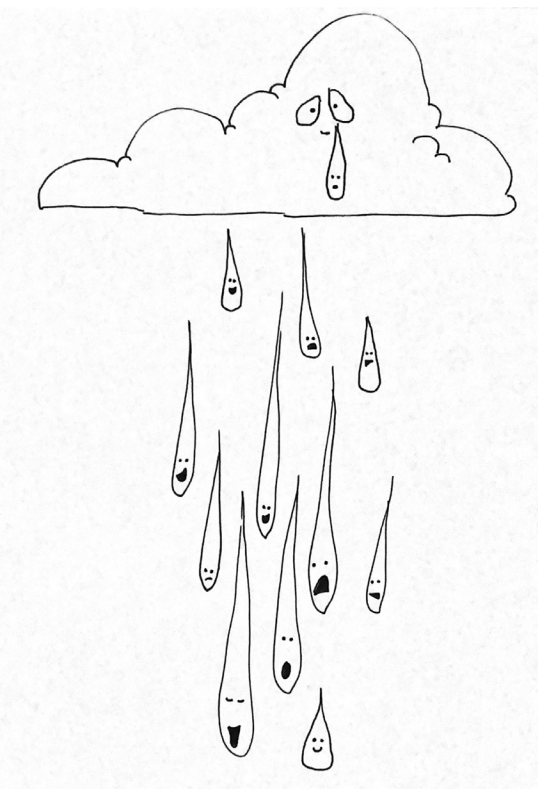
STEP 15: Mark stitching lines on the Pocket Piece to match your needs, for example, to fit a tablet, smartphone, a cosmetic bag, water bottle, sunglasses, or gym sneakers.

Repeat for the Inside Pocket Piece on the opposite side.

STEP 16: Align the center of one Bag Outer Side piece to the bottom seam of the Strap Outer piece and secure the pieces with pins or clips right sides together. Stitch the Bag Side piece to the Strap piece. You will catch the Strap Pocket sides in these stitching lines.

STEP 17: Notch or trim the corner curves seam allowances for a smooth turn. Stitch the opposite Bag Lining piece to the opposite side of the Strap Lining Piece.

STEP 18: Repeat the above for the lining Side and Strap pieces.





STEP 19: Insert the Bag Lining into the Bag Outer fabric right sides together. Pin or clip along the bag and strap edges.

Stitch the Bag Lining to the Bag Outer along the Bag Side and around the Long Strap Piece in one continuous line. Start at the end of the Short Strap Piece. **The top of the Short Strap Piece will be left unstitched to leave an opening for turning.** Depending on the weight of your fabric, you may need a larger turning opening. In this example, because this material is a heavyweight upholstery fabric, I have left the entire Short Strap End Piece unstitched for a turning opening.



STEP 20: Turn your work right side out through the open Short Strap end. Keep turning and work the long strap right side out. Tuck the lining into the bag outer.

Press the encased seams all the way around.



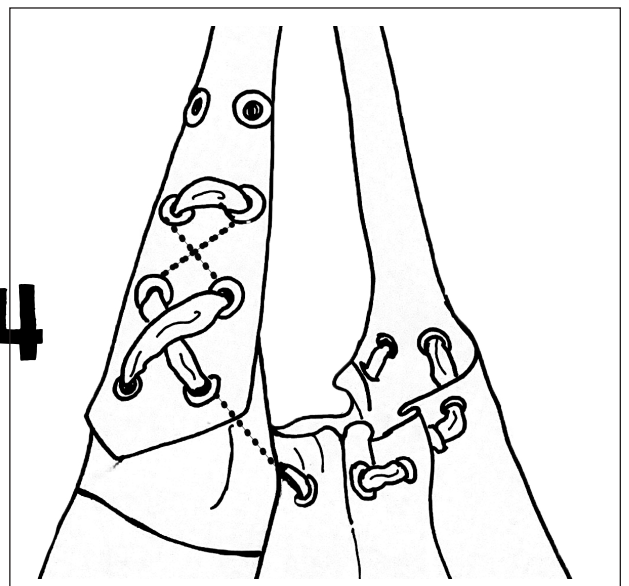
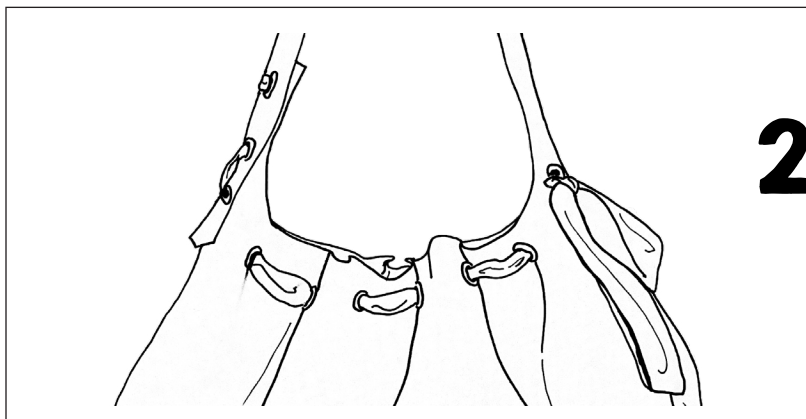
STEP 21: Tuck the edges of the open Short Strap end inside, press and secure with a few pins or clips. Edge stitch all the way around the bag, up and down the Long Strap end and close the turning opening in one continuous stitching line.

STEP 22: Mark your grommet placement on masking tape before punching the holes. Punch the holes right through the masking take and remove the tape before setting the grommets. Set the grommets where marked. Add additional grommet pairs up the length of the strap for more options to adjust the length.



STEP 23: Ladder stitch 3-4" (8-10 cm)) of the opposite edges of the center of the shoulder strap together to make the strap narrower right at the crest of the shoulder.

STEP 24: Overlap the grommet holes of the Long and Short Strap Piece end. Fold your cord or ribbon in half and begin lacing from the third hole up. Lace the drawstring through the grommets as shown. Knot the ends or add cord ends to the drawstring.



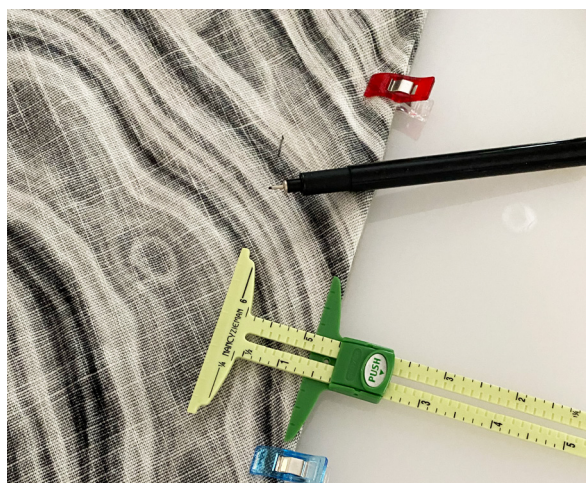


SEWING AN ENCASED CORD:

For greater tensile strength and stability, you may want to use a cord encased in your drawstring fabric.

Test your cord and fabric by pulling it through a grommet. It should pass easily, but not too loosely.

Measure the diameter of your cord.



Cut a strip of fabric on the true bias the diameter of your cord, plus 3/4" (2 cm).

NOTE: Depending on the weight of your fabric, you may need to cut your strips wider or narrower.

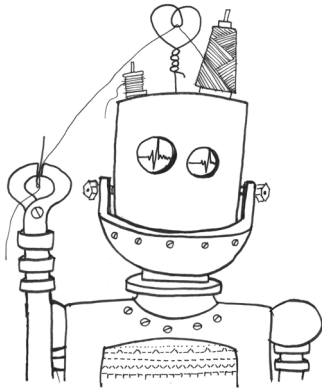
Secure a turning ribbon to one edge of the strip of the drawstring outer piece. Stitch the end of your cord to this same end of the drawstring outer, however, have it lay in the opposing direction.



Stitch the long edges of the drawstring right sides together. The turning ribbon should lay inside the tub of fabric. Be careful not to catch the turning ribbon in your stitching line.

Turn the drawstring right side out by pulling the turning ribbon. The turning ribbon will pull the cord through and the cord will be encased by the drawstring fabric.





LADDER STITCH or MATTRESS STITCH

Start by sewing a stitch from the fabric wrong side at one end and pull taut. The subsequent stitches will be sewing loosely and pulled taut in a final step.

Begin stitching 1/3" (7 mm) from the edge (at the edge of Strap) and stitch across the seam.

Now insert your needle and stitch parallel to the opening. Your thread will lay across the fabric wrong side.

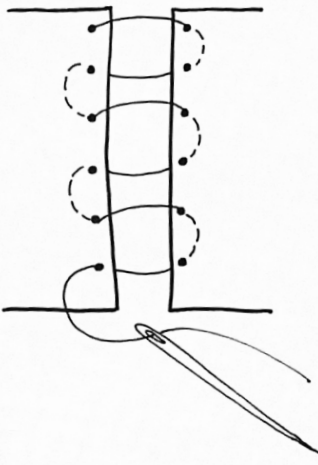
Pull your needle up toward you and stitch the next stitch across the opening. Be sure to leave this stitch somewhat loose.

The next stitch will be sewn parallel to the seam along the opposite seam allowance. Your thread will lay on the fabric wrong side.

Pull your needle up again toward you and stitch the next stitch across the opening. Be sure again to leave this stitch somewhat loose. Repeat these loose stitches along the opening. Remove pins or clips as you approach.

Gradually, you will stitch "rungs" across a "ladder" all the way across the opening.

In a final step, pull the thread taut to close. Anchor and knot the thread to secure the seam.



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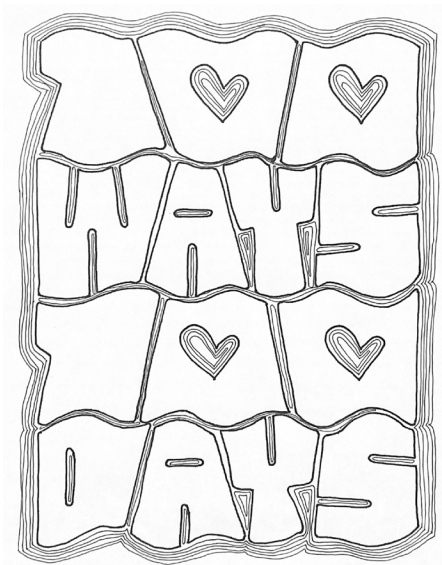
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GLOSSARY:

Backstitches: 3-5 stitches stitched in the opposite direction used to anchor and secure the stitching line against raveling.

Basting stitches: Loose temporary stitches used to hold pieces of fabric together during the construction process. Basting stitches are often added in a contrasting thread color for easier detection and removal later. Gathering stitches are also long loose stitches and are often called basting stitches.

Casing: A "tube" of fabric through which elastic, cord or a drawstring is inserted.

Ladder Stitch (also Mattress Stitch): A handstitch used to secure two edges of fabric together, for example, to close an opening on a throw pillow or cushion.

Press: Using an iron to form fabric into the desired direction, for example, to flatten a seam. Pressing generally means holding the iron in place, lifting and placing down again as opposed to moving the iron back and forth.

Right side: The fabric "right side" refers to the side of the material to be worn on the outside. It is usually the side with the print or nap. Some fabrics, like linen and the epingel decorator fabric show in these instructions are reverseable and do not have an inherent "right" and "wrong" side. If using a reversible fabric, mark the "wrong" side of each piece to avoid confusion.

Seam Allowance: The bit of fabric beyond the stitching line, which will be on the inside of the item. This bit of fabric is often trimmed for a smoother turn or worked with additional stitches to prevent raveling or to add strength to the seam.

Scant: A bit less than 1/16" - 1/8" (1 -2 mm). It is the amount of fabric equal to the height of the fabric folded once. It is the amount of fabric migrating into a seam.

Turn: The act of "turning" an item inside out or right side out.

Wrong side: The fabric "wrong side" refers to the side of the material which is usually worn on the inside. It is the side on the opposite side of the print or nap.

PLACE ON FOLD

GROMMET

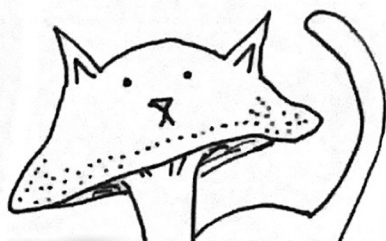


A - Long Strap top

GROMMET

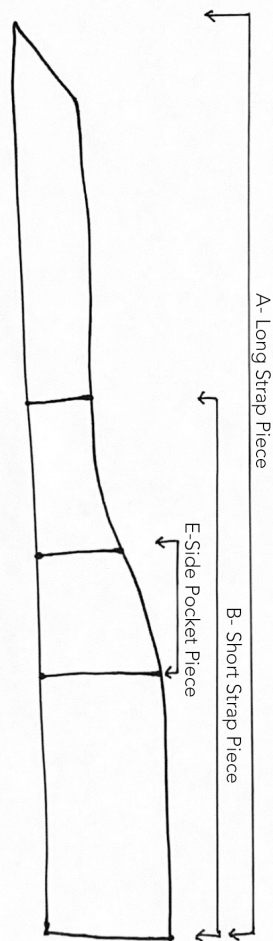


GROMMET



This sewing pattern is **very** forgiving. Just make certain your outer bag pieces and your lining pieces are cut exactly the size same.

Essentially, all pieces are based off two main pieces: The Long Strap Piece A and the Side Piece C. The Short Strap Piece is the Long Strap Piece cut, well, shorter! The Strap Pocket Piece is a piece of the Long/Short Strap Piece! And the Inside Pocket Panel is based on the Side Piece, just a bit wider and shorter.



←----- PLACE ON FOLD ----->



A - Long Strap cont'd

A $\frac{3}{8}$ " (1 cm) seam allowance is included in the pattern.

Keep in mind that you will be turning this bag right side out through the end of the Short Strap Piece. For that reason, should you be using a heavy weight material, you may want to cut your strap pieces wider for an easier turn and to account for the "loss" of fabric in the scant.

Print all pattern pieces onto 8.5"x11" paper.

Match the doodles and tape the pattern pieces together to make complete pieces.

SCALE

6 cm



<----- PLACE ON FOLD ----->

A

Cutting Line
for B-Short Strap
Piece

GROMMET B

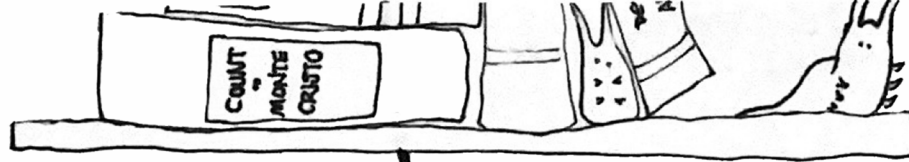


GROMMET B



A - Long Strap cont'd
B - Short Strap top





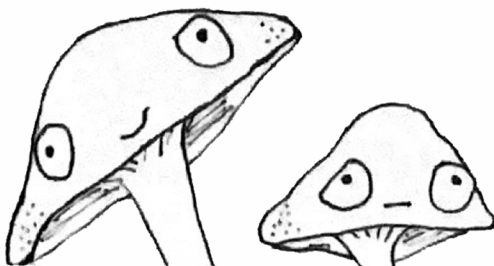
GROMMET A + B



A - Long Strap cont'd
B - Short Strap cont'd

<---- PLACE ON FOLD ---->

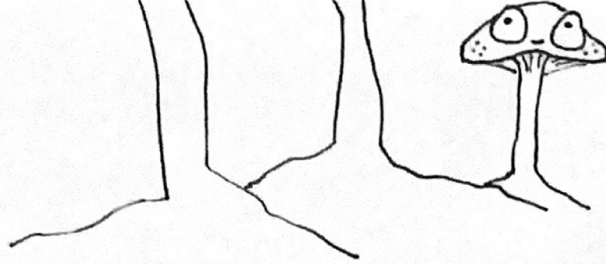
E - Side Pocket



<---BOTTOM OF SIDE POCKET

<---- PLACE ON FOLD ---->

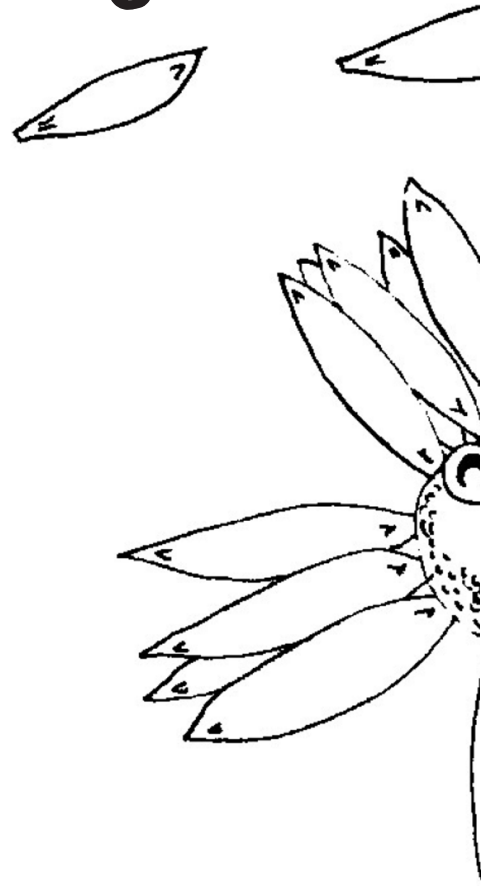
A - Long Strap cont'd
B - Short Strap cont'd

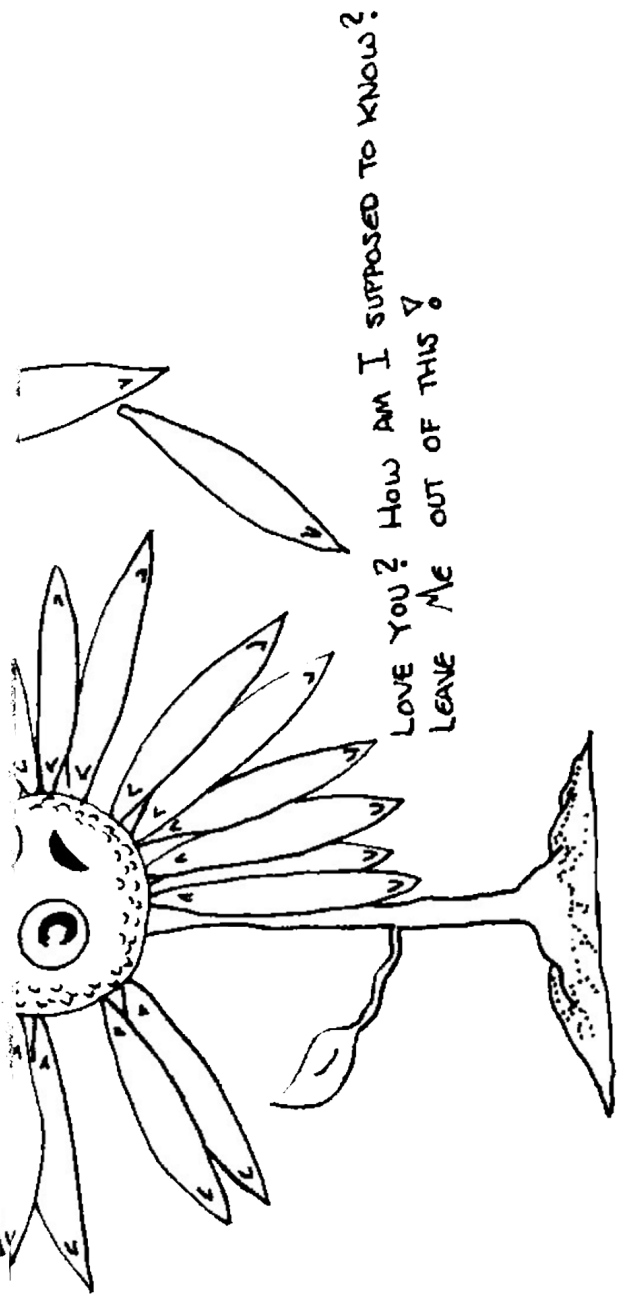


<---- PLACE ON FOLD ---->



C - Side Piece



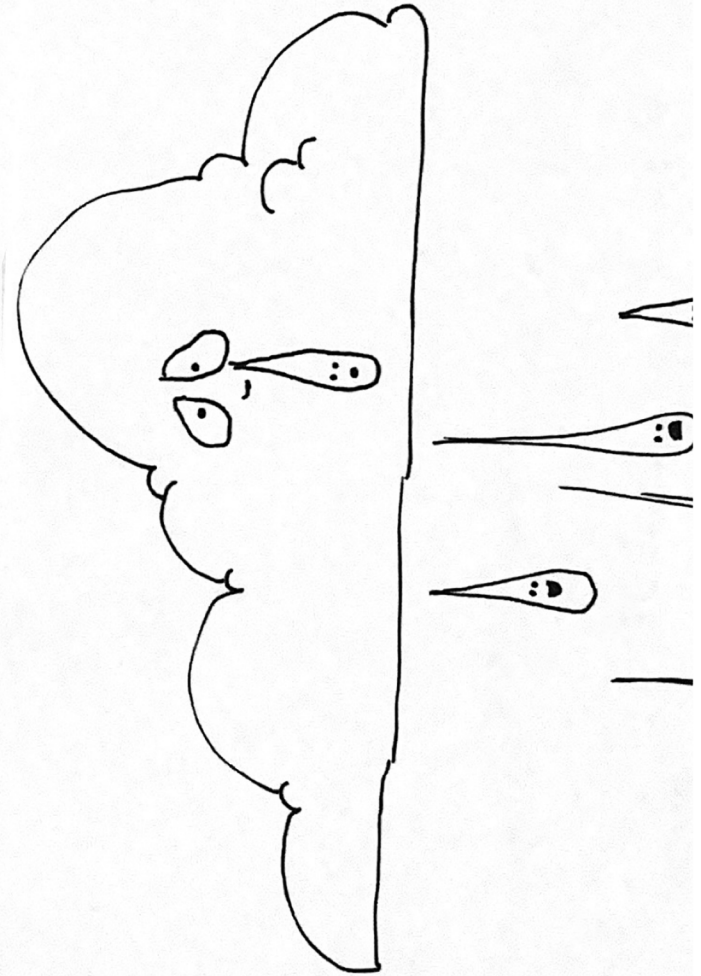


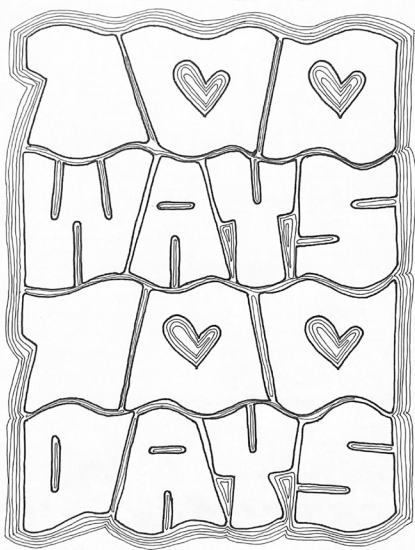
C - Side Piece cont'd

<---- PLACE ON FOLD ---->

D - Interior Pocket Panel

<---STITCHING LINES FOR ELASTIC CASINGS--->





<----- PLACE ON FOLD ----->

D - Interior Pocket Panel cont'd

